

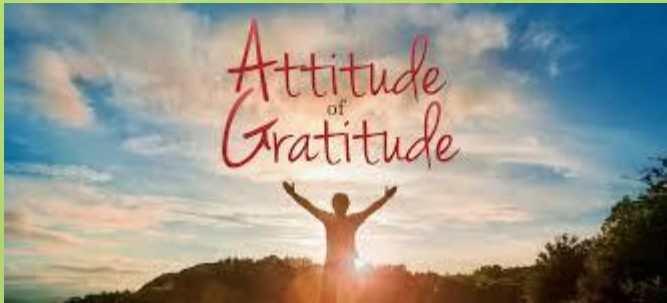


**BRIGHT
HORIZON
ACADEMY**

LEARNING TODAY FOR A BRIGHTER FUTURE

Gratitude

by: TK Class of 2019/20



- ❖ **the quality of being thankful;**
- ❖ **readiness to show appreciation for and to return kindness.**

Grateful to Allah



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- Being Muslim
- Our health
- Our family
- Our possessions

Duah's



- ❖ ***Al-ḥamdu lil-lāh* -Arabic: اَلْحَمْدُ لِلّٰهِ** or ***Alḥamdulillāh*** means
- ❖ "**praise be to God**", sometimes translated as "thank God."
- ❖ **Dua right after salah:**

اللَّهُمَّ اَعِنِّي عَلَى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ

Oh Allah! Assist me in remembering You, and being grateful to You and worshipping You in a beautiful manner.

لَئِنْ شَكَرْتُمْ لَأَزِيدَنَّكُمْ

"If you are grateful, I will surely give you more and more." (Surat Ibrahim 14:7)



Grateful to Others

Readiness to show appreciation for and to return kindness.

- ❑ **Smile**
- ❑ **Write thank you notes**
- ❑ **Give hugs!**
- ❑ **Give compliments!**
- ❑ **Do a favor for someone.**



Duah's

- **Jazākallāh** -Arabic: جزاك الله or
- **Jazāk AllāhKhayran** جزاك الله خيرًا is a term used as an Islamic expression of gratitude meaning "**May God reward you [with] goodness.**" The phrase **Jazak Allah** itself is incomplete.





**Change your
attitude...
Show some
gratitude!**

School-wide homework:

Think of people in this school who have been especially kind to you but whom you have never properly thanked. Choose one person and write a gratitude letter to this individual and deliver it in person. The letter should be specific about what he or she did that affected your life. Make it sing!

